



## SCHOOL MEDIA RELEASE

October 7, 2016

# Cross Country Challenge 2016

Roland Michener Secondary School is set to host the R.M.S.S. Elementary Cross Country Challenge. The event will take place on the grounds and running trails of Northern College on Friday, October 14<sup>th</sup>.

"Our past numbers show that we have had in excess of 500 runners participating," says organizer John Bohdanec. "The divisions include Grades 3, 4, 5, 6, 7, and 8 (Boys and Girls divisions)."

### Race Schedules/Divisions/Race Lengths:

Division	Start Time	Distance
Grade 3 girls	10.30 a.m.	1.25 kms
Grade 3 boys	10.45 a.m.	1.25 kms
Grade 4 girls	11:00 a.m.	1.25 kms
Grade 4 boys	11:20 a.m.	1.25 kms
Grade 5 girls	11:40 a.m.	2.3 kms
Grade 5 boys	12:00 noon	2.3 kms
Grade 6 girls	12:20 p.m.	2.3 kms
Grade 6 boys	12:40 p.m.	2.3 kms
Grade 7 girls	1:00 p.m.	3.0 kms
Grade 7 boys	1:20 p.m.	3.0 kms
Grade 8 girls	1:40 p.m.	3.0 kms
Grade 8 boys	2:00 p.m.	3.0 kms

- MORE -

*Roland Michener Secondary School is affiliated with*



**District School Board Ontario North East**

153 Croatia Avenue, Schumacher, Ontario, P0N 1G0  
Local: (705) 360-1151 Toll-free: 1-800-381-7280 Fax: (705) 268-7100  
[www.dsb1.ca](http://www.dsb1.ca)

*"Ribbons will be provided for all participants, and there will be medals for the top three finishers in each race," adds Bohdanec. "As the event will run rain or shine, schools have been instructed to ensure all of our runners are dressed appropriately."*

Members of the media are invited to attend.

**For More Information Please Contact:**

John Bohdanec  
Grade 7/8 Intermediate Physical Education Teacher  
Roland Michener Secondary School (Elementary)  
PHONE: 705-360-8056  
EMAIL: [john.bohdanec@dsb1.ca](mailto:john.bohdanec@dsb1.ca)

*Roland Michener Secondary School is affiliated with*



**District School Board Ontario North East**

153 Croatia Avenue, Schumacher, Ontario, P0N 1G0

Local: (705) 360-1151 Toll-free: 1-800-381-7280 Fax: (705) 268-7100

 [www.dsb1.ca](http://www.dsb1.ca)